

Wellness First Psychiatric Associates New Patient Treatment Contract

Untreated or poorly treated drug dependence is a dangerous condition with mortality rates as high as many cancers. We take your treatment very seriously and require that you do too. As part of your treatment you will be receiving controlled substances which can have a high risk of misuse, and sometimes diversion.

Any pill you can buy on the street likely came from a doctor's prescription. Because substance dependence is a serious problem things can sometimes look pretty ugly in your life, especially at the onset. Wellness is prepared to deal with that. What we will not deal with indefinitely is a pattern of behavior that suggests a lack of motivation. A good rule of thumb is that if your involvement with our program is not dedicated enough to parallel the kind of motivation a coach expects to see of a little leaguer wanting to be on the team, you'll be hearing from us.

Your treatment with us is entirely voluntary. Similarly if we feel you are not sincere about your treatment, we may dismiss you. If the latter ever happens, it will occur with plenty of warning and attempts to salvage your treatment.

There are a few things that should be specifically mentioned as rules:

1 Controlled substances can only be obtained by prescription during the time of your appointment. We will not call in refills, nor will we prescribe early if you have consumed more than agreed upon at the time the prescription was written.

2 If you miss an appointment we will not bridge your medicine with controlled substances. If you engage in behavior that is reckless and puts either you or others at risk of harm we will confront the situation at whatever level we need to so as not to participate or enable your recklessness. (examples of the latter include the obvious: selling or diverting your medicine, or misusing it to get intoxicated.)

3 We try to price our treatment fairly but at the same time cannot allow balances to accrue. If you are having trouble affording treatment let us know and we will work to help you find a stable solution where you can find access to treatment regardless of your finances.

Summary: We are in the business of helping patients and are optimistic about your prognosis. On your part we ask that you pursue your treatment with motivation and earnestness. In return, we will provide the most accurate treatment to help you progress in the right direction as quickly as possible.

You are free to leave treatment at anytime. We will ask you to leave if we see a pattern of behavior that suggests you are more interested in obtaining drugs from us than developing as a person.

Name: _____

Signature: _____

Date: _____